



HOW DO YOU RATE?

NIKE SPARQ CHALLENGE

Velocity Sports Performance
Is offering you a chance to
see how you measure up!

We will be rewarding athletes
by grade as well as by team!

Testing will be
November 14th
Starting at 2:00 sharp!

**BELIEF FUELS PASSION
AND PASSION NEVER FAILS!**



NIKE SPARQ

- VERTICAL JUMP
- POWER BALL TOSS
- 20 METER SPRINT
- 40 YARD DASH
- AGILITY SHUTTLE
- YO-YO RECOVERY TEST

Program Details

Only \$5.00 per athlete

Results will be mailed out

*Sign up by team
(8 or more)*

Call to Register!

Velocity Sports Performance™



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