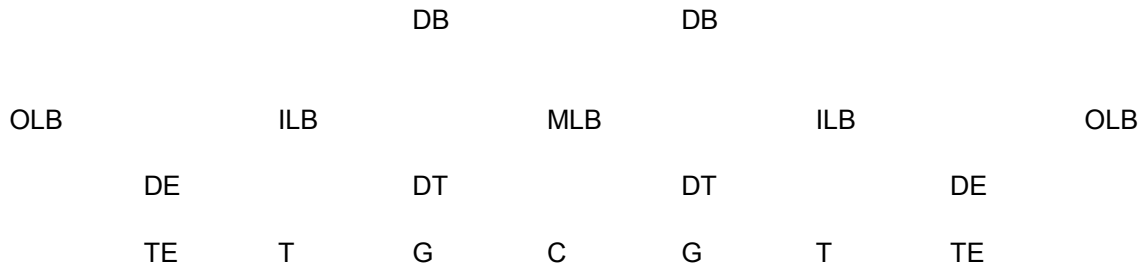


CDA - ARAA 3RD & 4TH Grade Football Defense:



1. Defense will be a 4 - 5 - 2; 4 D-Line, 5-Linebackers & 2 D-backs.
2. No other defense will be allowed
3. D-Line will be in a 3 or 4 point stance and must remain down until snap.
4. DE will line heads up on TE & DT will line heads up on guard.
5. All Linebackers must line up a minimum of 2 yards off the ball.
6. MSB will line heads up with Center & ILB will line heads up over Tackle.
7. All 7 players inside the box must line up as described.
8. OLB can line up as wide and deep as they want, but they cannot line up inside the box, AND must be at least 2 yards off the ball.
9. Backs must line up 5 yards off the ball. They can line up anywhere as long as they are 5 yards off the ball.
10. If offense is inside the 3 yards line the LB's can line up 1 yard off the ball.