



2012 CDAA Rebel Baseball Tryout Prep Clinic – Extra Innings

Session 1 – 10U & 11U Participants

- Sundays; 2/12, 2/19, 2/26, 3/4
- From 7:00-8:30 PM at Extra Innings, Brooklyn Park
- Space is limited so we will take the first 40 responders

Session 2 – 12U, 13U, 14U & 15U Participants

- Sundays; 2/12, 2/19, 2/26, 3/4
- From 8:30-10:00 PM at Extra Innings, Brooklyn Park
- Space is limited so we will take the first 40 responders

\$\$Cost: the fees will be \$50 if you sign up for all 4 nights or \$15 per night if signing up for less than then all 4 nights. All fees will be paid upon arrival at Extra Innings by cash or a check made out to CDAA Baseball.

This clinic focuses on getting players ready for spring traveling baseball tryouts. Our volunteer staff will cover everything that players will encounter in the tryout:

- hitting (mechanics/contact/power)
- fielding (ready position/footwork/arm strength)
- throwing (proper grip/arm position/mechanics)
- Conditioning/Running
- Players who have attended this clinic in the past have found it very helpful to prepare for the upcoming baseball tryout.

Registration

Contact Marty Carr at martyc@greatlakeseng.com to reserve your spot today!! Please provide a tee shirt size for your player also when registering. Call me at 763-443-1936 if you have any questions.